



To Get That 'A', Study the Right Way! For students in grades 9 to 12

In The high school years (and beyond) are when students put the study habits that they have been building since they began school to the test (pun intended).

It's not always easy to transform the knowledge that teens have been accumulating over the years into practical skills that they can use while studying. Practical study skills are unfortunately, not always taught in school. It's little wonder then that many students find the process of studying for, and writing, tests very stressful.

When students are taught practical study skills such as note taking, time management, and active reading, they can combine them with other important skills such as perseverance and effort to develop top-notch study skills that can transform study time from stressful to stress-free!

Tips:

- Focus:** Studying does not mean passively flipping through a textbook while laying in bed and watching TV. Designate a time and space for studying, gather all necessary materials, and turn off ALL tech distractions.
- Organize:** Write test dates down in an agenda as soon as they are announced. Count down from the test date and plan a little bit of study time each night until the test. Beating procrastination is integral to successful studying. Cramming is not studying effectively!
- Write:** Create study notes, by hand. Putting pen to paper makes studying active, and engages parts of the brain that will help you retain information.
- Engage:** Successful studying starts in the classroom. Even before a test is announced or studying begins, asking/answering questions in the classroom and being engaged in learning will make remembering information and acing tests easier.
- Team Up:** Get a study buddy. Explaining information to someone else, or hearing it explained in a different way can help with retention. Make sure your study buddy is someone who will keep you motivated and on task!

Join the conversation! Follow us on Twitter @oxfordlearning and 'like' us on Facebook.

